

Hölker Verlag

# COOK BOOKS

Foreign Rights 2020/2021







Photo: © Klaus Altevogt

Dear friends and colleagues,

Many of us aspire to a more health-conscious lifestyle. In **My Healthy Cookbook for Every Day**, top chef Su Vössing shows us just how easy it is to implement this lifestyle in the kitchen. She reveals her ten golden rules for nutrition and serves up delicious inspiration for daily life in the form of 95 varied recipes. **I Love Low Carb** presents an array of low-carb favourites that will keep us fit, full and happy amid the stresses of the daily grind.

Good food and music are a match made in heaven! Join us as we set off on a culinary tour with the Beatles in **All You Need**. Each of the 50 recipes is inspired by a Beatles song and will have you dancing in your kitchen.

How about bringing the forest into your own kitchen? Relax and enjoy all that our big **Forest Cookbook** has to offer: the most beautiful recipes that harness the forest's hidden treasures.

We've saved the best for last: with **Tell me about Christmas** and **24 Recipes until Christmas**, the most wonderful time of the year can start right now!

I hope you enjoy our new titles and wish you many happy hours in the kitchen,

K. Wittkopf

Kristina Wittkopf  
Foreign Rights Hölker Verlag



	<b>All You Need</b>	<b>04 – 07</b>
	<b>My Healthy Kitchen for Every Day</b>	<b>08 – 11</b>
	<b>The Forest Cookbook</b>	<b>12 – 15</b>
	<b>Ibiza</b>	<b>16 – 19</b>
	<b>I Love Low Carb</b>	<b>21</b>
	<b>I Love Herbs and Flowers</b>	<b>22</b>
	<b>I Love Bread</b>	<b>23</b>
	<b>Tell me About Christmas</b>	<b>24 – 27</b>
	<b>24 Recipes until Christmas</b>	<b>28 – 29</b>
	<b>Backlist Treasures</b>	<b>30</b>

Contact  
**Foreign Rights Department**

Kristina Wittkopf  
 Foreign Rights Manager  
[wittkopf@coppenrath.de](mailto:wittkopf@coppenrath.de)  
 phone: +49 (0) 251 414 11 814

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Cover photo from: The Forest Cookbook



If listening to Strawberry Fields makes your mouth water, you'll find plenty more culinary inspiration from the **Fab Four** in this book. With a combination of delicious recipes and surprising facts, it brings the story of the Beatles to life in a new and imaginative way.

*Back in the USSR*  
Blinis with sour cream and caviar



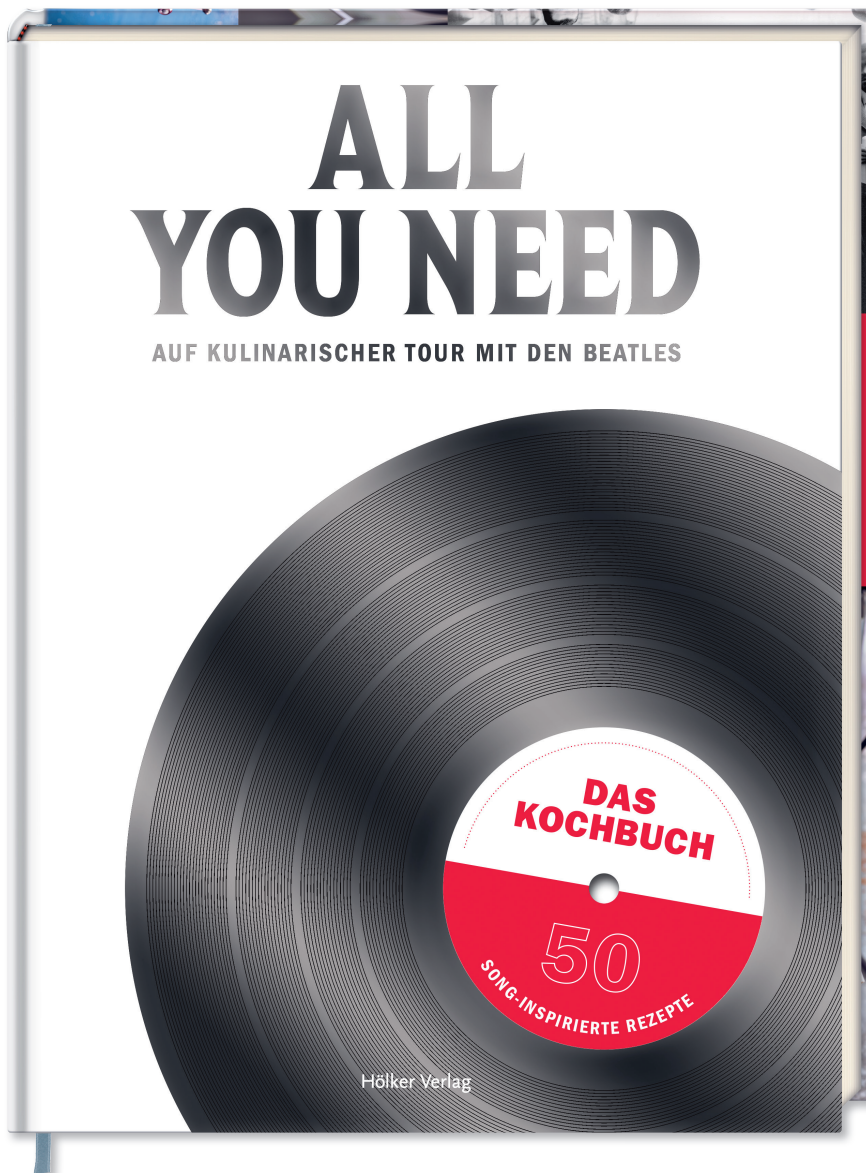
The Beatles celebrate Paul McCartney's 23th birthday (1965)

*Eleanor Rigby*  
Asparagus herb risotto





# »Inspiration comes from all kinds of places.« Paul McCartney



## All You Need

On a Culinary Tour with the Beatles

Photos by Hubertus Schüler,  
preface by Thomas Göthel,  
recipes by Silke Martin  
160 pp. / 20 x 26.5 cm / word count: 20,500 /  
hardcover with 3D UV spot varnish and  
ribbon bookmark / inside pages: 4c




ISBN 978-3-88117-218-9

€ 30.00

**DPhil Thomas Göthel** was born in 1965 and studied history and political science in Munich. He works as an author, music producer and music teacher.

**Silke Martin** was born in 1972 and studied German and sociology. She is now a freelance author and editor working for publishers and agencies all over Germany, with a focus on food and travel.

**Hubertus Schüler** became a photographer because he's no good at painting. His photographic studio is also a prop store, a professional kitchen and a place for conducting experiments. He loves going to flea markets to seek out new treasures for his collection of props.

-  A culinary homage to the Beatles
-  50 recipes inspired by legendary songs
-  The perfect gift for a whole generation!





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THE BEATLES


BRITISH EUROPEAN AIRWAYS





Yellow Poke Bowl





Balanced, tasty dishes with success guaranteed – that's top TV chef Su Vössing's trademark. With **10 golden rules** and 95 ingenious recipes, you'll soon discover how simple and varied healthy eating is. Spoil yourself and your loved ones with breakfast classics, sophisticated fish, meat and vegetable creations, and homemade bakes, spreads and pasta. Healthy eating, day after day!

Salmon trout with beans



# Fresh ingredients, maximum enjoyment



Su Vössing

**My Healthy Kitchen for Every Day**

Conscious – Delicious – Diverse

Photos by Bui Vössing

240 pp. / 20 x 26.5 cm / word count: 26.300 /  
hardcover with structured paper, metallic foil  
embossing and ribbon bookmark / inside pages: 4c




ISBN 978-3-88117-217-2

€ 34.00



**Su Vössing** has cooked in numerous high-end restaurants in Paris, and in 1991 was awarded a Michelin star while working as the youngest ever head chef at *Le Marron* in Bonn. After working in Cologne and Florida, she became a TV chef on the German series *Kochduell* in 1997, where she stayed until 2005. She now shares her wide-ranging expertise through her cookbooks, TV appearances, events, live interviews and product presentations in all media.

**Bui Vössing** is an image-maker, and has worked on a number of cookbooks with his wife. He uses great care and precision to create unadulterated, painterly photos of food that make readers want to cook what they see.

-  With 10 golden rules for nutrition
-  From top cook Su Vössing
-  For a simple and varied healthy diet





Onion flowers from the oven with balsamic vinegar





Fried beef strips with mixed salat



Discover the array of edible delicacies on offer in your local forest through these **unusual recipes**. From wild berries to spruce tops, elderflower, mushrooms and game – each season brings its own mix of flavours.



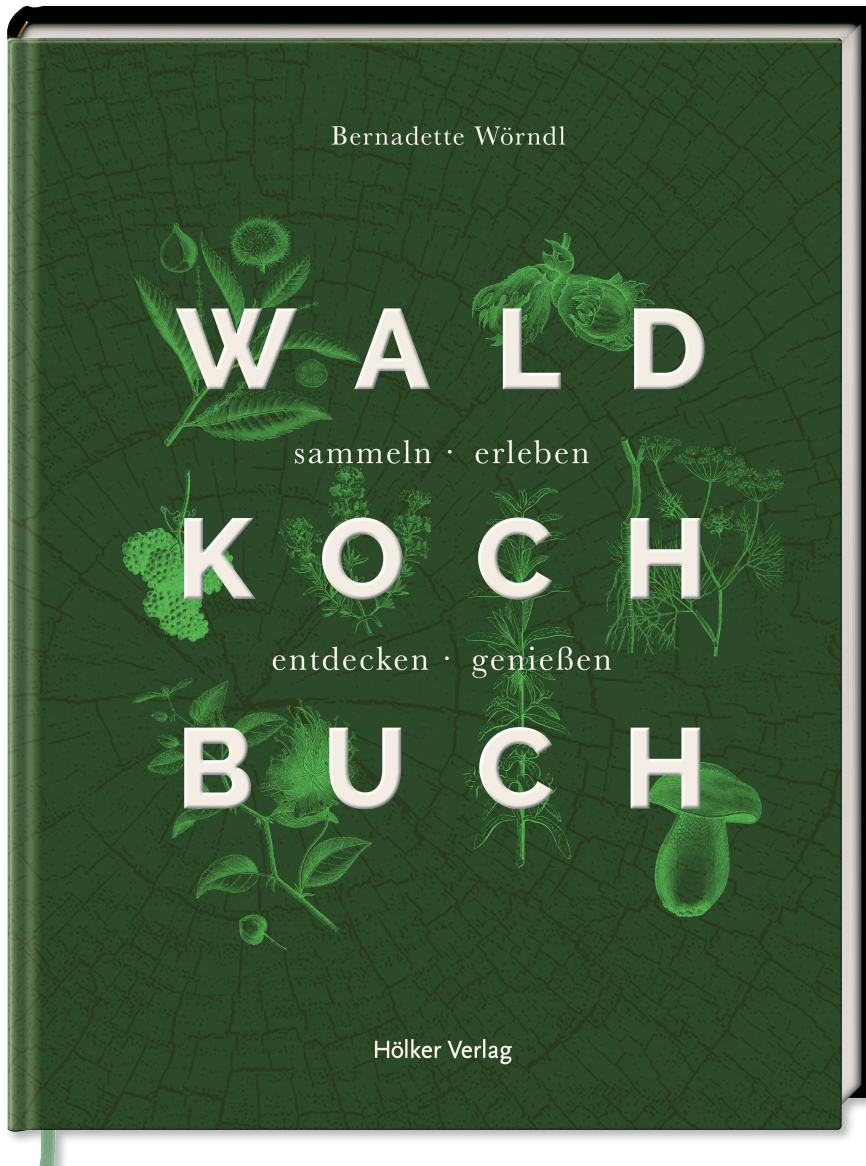
Colourful wild herb salad with ground ivy and cream cheese balls



Venison fillet with cream of pumpkin and cauliflower fungus



# Relax and enjoy!



Bernadette Wörndl

## **The Forest Cookbook**

Forage · Experience · Discover · Enjoy

Photos by Kathrin Gollackner  
184 pp. / 20 x 26.5 cm / word count: 22.900 /  
hardcover with structured paper, Pantone  
colour, 3D UV spot varnish, ribbon bookmark  
and dust jacket / inside pages: 4c

ISBN 978-3-88117-229-5

€ 32.00



**Bernadette Wörndl** is a cookbook author, food stylist and private chef with a flair for creating her own recipes. Her focus is always on sourcing products from people who put heart and soul into their craft and take a respectful and sustainable approach to nature.

**Kathrin Gollackner** discovered her passion for photography early in life. She studied Communication Sciences, attended the Prager School of Photography in Austria and has travelled extensively. She now works as an independent photographer.

 **100% on trend!**

 **Refined cuisine made from local ingredients**






Elderflower cake







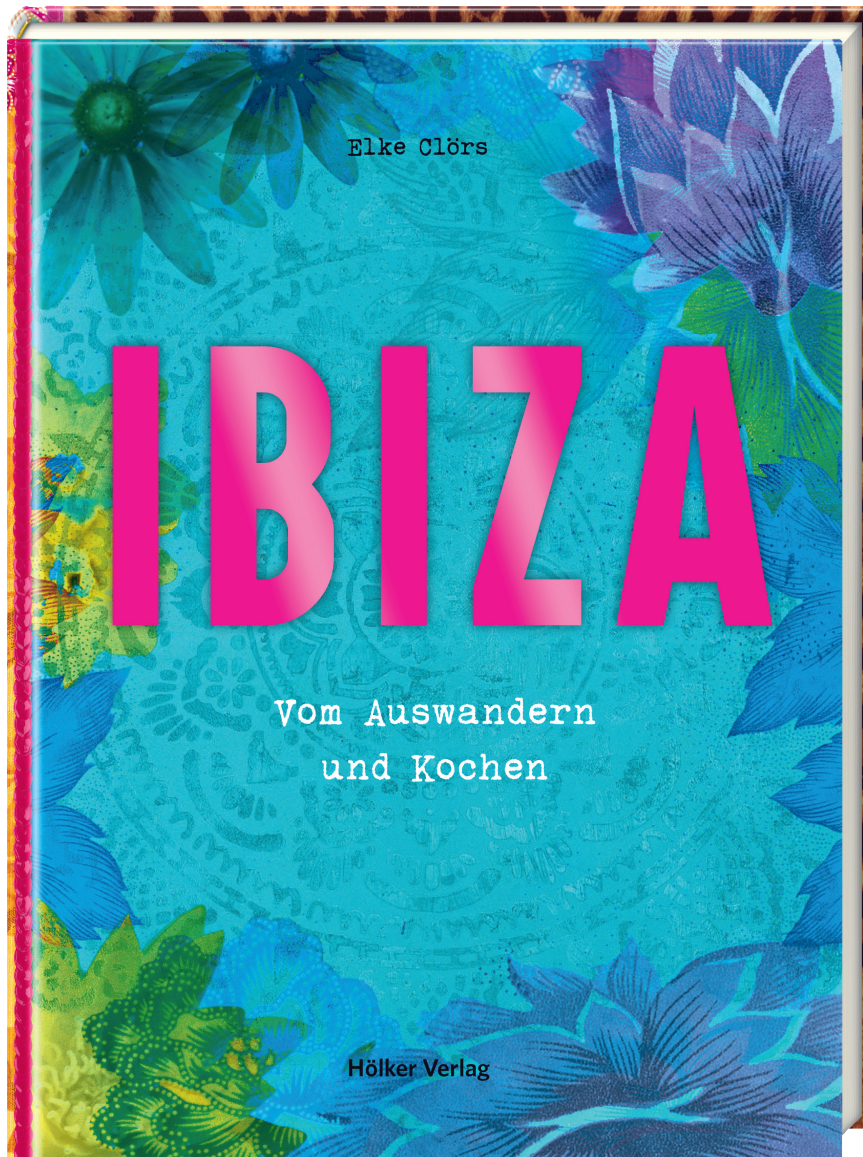


Unconventional,  
captivating and idyllic.  
Elke Clörs describes Ibiza  
as a scenic paradise for friendly  
expats, artists and hippie souls.  
Evocative photos and fascinating  
stories offer an intimate insight into  
the lives of these extraordinary  
people. Recreate that island feeling  
in your own home with these  
recipes. This book is a **love letter**  
to Ibiza, its inhabitants and  
their unique approach  
to life.

Malabi with fruit syrup



# Ibiza – a culinary paradise



Elke Clörs

**Ibiza**

People and Food

208 pp. / 18,4 x 24,1 cm / word count: 23.300 /  
hardcover with spot-UV varnish / inside pages: 4c

ISBN 978-3-88117-237-0

€ 20.00

Rights sold to: UK (English World)



**Elke Clörs** is from Darmstadt. She worked as a medical journalist for a long time before opening an interior design and jewellery business. Nowadays, she and her family divide their time between Germany and Ibiza, where she runs a design boutique and helps others to turn their dreams into a reality.

- ☛ Real-life stories about extraordinary people
- ☛ A culinary paradise in a dream destination
- ☛ Hippie vibes for connoisseurs







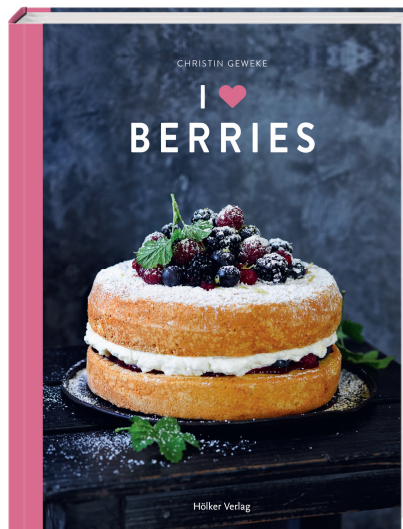




# A book for every occasion – the I ♥ series



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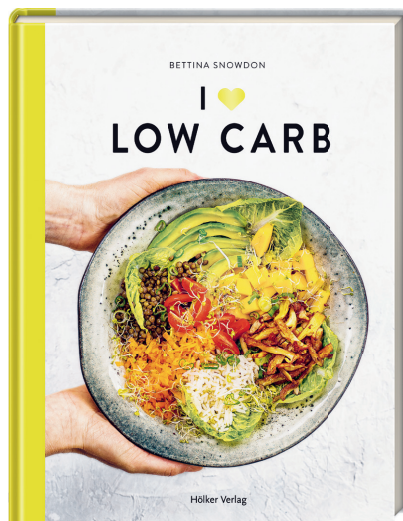
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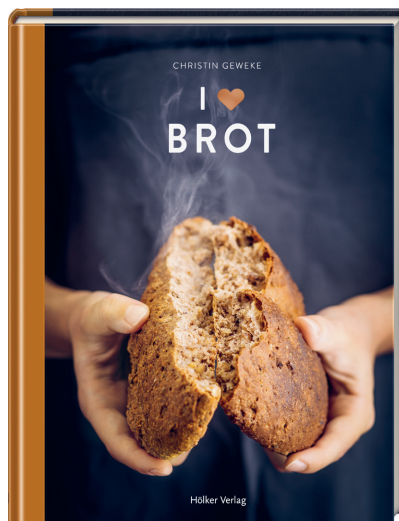
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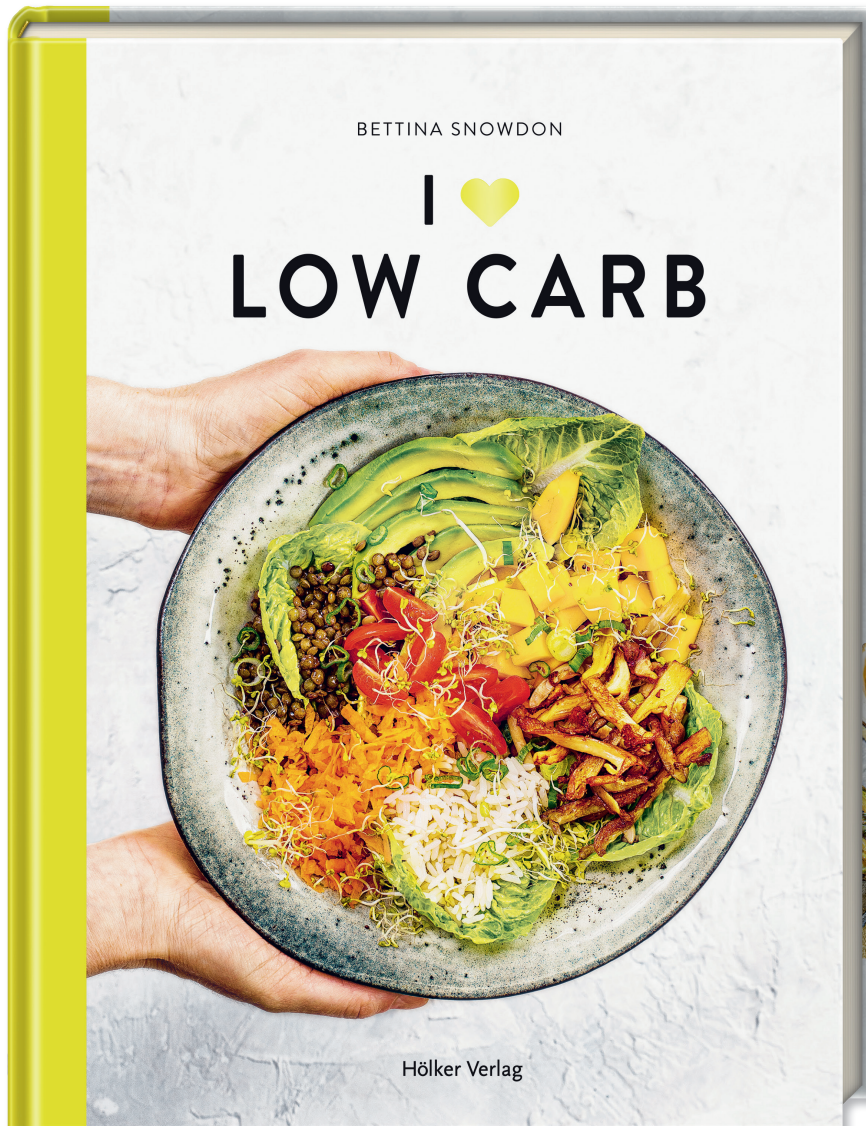
ISBN 978-3-88117-225-7



ISBN 978-3-88117-220-6



# Fit, full and happy!



Bettina Snowdon  
**I Love Low Carb**

Photos by Frauke Antholz  
96 pp. / 18.4 x 24.1 cm / word count: 10. 270  
hardcover with vivid smooth offset paper and  
3D UV spot varnish / inside pages: 4c




ISBN 978-3-88117-219-6

€ 20.00



**Bettina Snowdon**, a qualified ecotrophologist, is a freelance editor, translator and project manager. She also puts all her passion and know-how into writing her own healthy-eating cookbooks. It's the perfect way to combine her enthusiasm for books and her love of cooking.

**Frauke Antholz** works as a freelance food photographer. She loves nothing more than being in the kitchen herself, cooking, baking and styling before using her practised eye to capture the moment. Her photos regularly appear in books and magazines. She lives in northern Germany and enjoys the tranquil view of woods and fields as she works.

-  **THE tried-and-tested weight-loss principle**
-  **No need to deny yourself**
-  **Perfect for busy working people**



# Bring some colour to your cooking!



## I Love Herbs and Flowers

Photos by Oliver Brachat  
96 pp. / 18.4 x 24.1 cm / word count: 12.750 /  
hardcover with vivid smooth offset paper and  
and 3D UV spot varnish / inside pages: 4c

ISBN 978-3-88117-220-2

€ 20.00

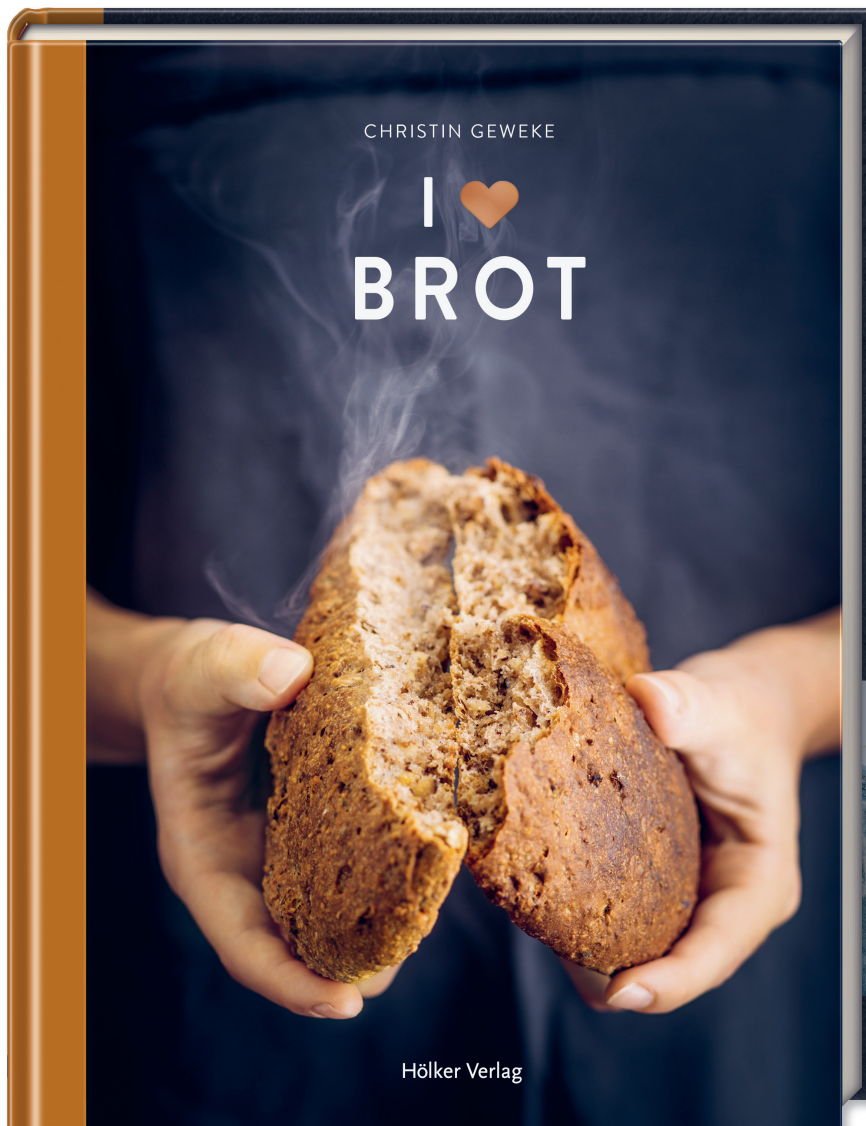


**Oliver Brachat** is a successful still-life photographer, with his own studio. He takes unusual food photographs that demonstrate his creativity and eye for detail.

- ≡ For all nature lovers and gardeners
- ≡ With tips on planting and harvesting
- ≡ Short portraits of all herbs and flowers featured in the recipes



# Anyone can bake bread!






Christin Geweke  
**I Love Bread**

Photos by Peter Podpera  
96 pp. / 18.4 x 24.1 cm / word count: 13.000 /  
hardcover with vivid smooth offset paper and  
3D UV spot varnish / inside pages: 4c

ISBN 978-3-88117-225-7  
€ 20.00



**Christin Geweke** works as a freelance author and editor for various publishing houses. Alongside writing, she has a passion for cooking and baking, and developing recipes. Cookbooks allow her to perfectly combine the two.

-  **Finally, a book to help get you started!**
-  **With helpful tips for beginners and experienced bakers alike**
-  **A tried and tested array of recipes: bread, rolls and spreads**





It's the memories we associate with this **wonderful time** – the snow on Christmas Eve, the long-awaited hugs with our loved ones. Stories like these weave a thread between yesterday and today. When we relive these stories, sitting at a festive table, we realise that Christmas is a treasure we carry in our hearts.



Crostini with paprika and caramelised goats cheese



Stuffed pork tenderloin with gingerbread sauce



Mini-Christmas-Cakes





# A real Christmas treasure



## Tell me About Christmas

Festive Recipes, True Stories  
and Wonderful Surprises

Photos by Melina Kutelas  
Recipes by Alexander Höss-Knakal  
208 pp. / 20 x 26.5 cm / hardcover with printed  
PU leather, gold foil debossing, foiled edges,  
ribbon bookmark and inserts / inside pages: 4c

ISBN 978-3-88117-113-7

€ 32.00

**Alexander Höss-Knakal** learned his craft in renowned Michelin-star restaurants and has been active as a food stylist and recipe author since 1997. His exquisite combinations of hand-selected ingredients are a feast for the eyes as well as the palate. Alongside his work in cookbooks and magazines, he also imparts his culinary wisdom through cookery courses.

**Melina Kutelas** started her career as a fashion stylist in London, before moving back to her home city of Vienna in 2014. She founded a food blog in 2015 and began working as a food photographer and stylist soon after that.

- 🔪 Revive the Christmas spirit of days gone by
- 🔪 Contains previously unpublished true stories
- 🔪 10 nostalgic extras: postcards, wrapping paper, gift tags and much more







Christmas cake with Christmassy spices





Roasted duck breast with marinated lentils and eggplant



This culinary Advent calendar contains 24 delicious recipes to make the wait for Christmas that little bit sweeter. A mug of hot chocolate on the sofa, a romantic dinner for two or coffee with friends and family – the lead-up to Christmas is about **pure indulgence!**

Mexican hot chololate with cinnamon



Sweet saffron-cinnamon bread



Winter salad with bacon plums





# The perfect Advent gift



## 24 Recipes until Christmas A Culinary Advent Calendar

Photos by Julia Stix  
64 pp. / 16 x 18.5 cm / word count: 4.200 /  
hardcover with metallic-thread linen, gold foil  
embossing / inside pages: 4c

ISBN 978-3-88117-235-6

€ 17.00

**Julia Stix** works as a freelance photographer. She is a passionate chef and loves to take photographs that present food in all its majesty. She is responsible for the photography in numerous cookbooks and her work also appears regularly in Austrian and international magazines.



From the series  
24-Culinary Advent Calendars

- Anticipation in the form of 24 sweet and savoury recipes
- Unique features:  
Hardcover with glitter and gold foil



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**Joy to the World**  
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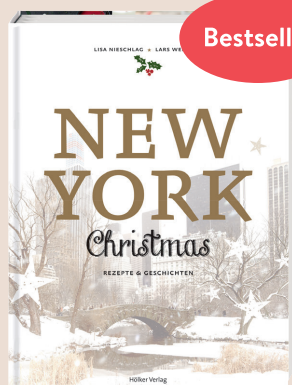
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**24 Cookies for you  
Natural Advent Baking**  
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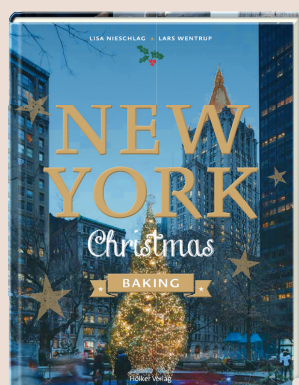


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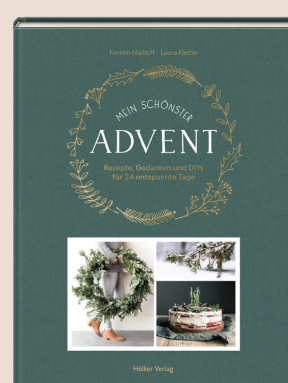
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**White Christmas**  
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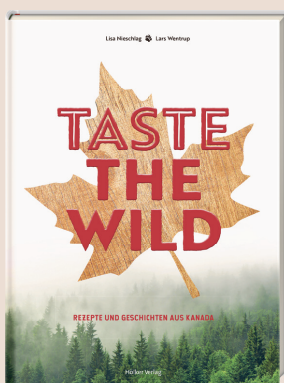
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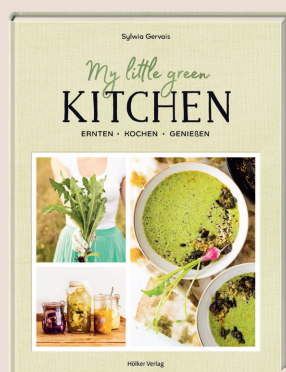
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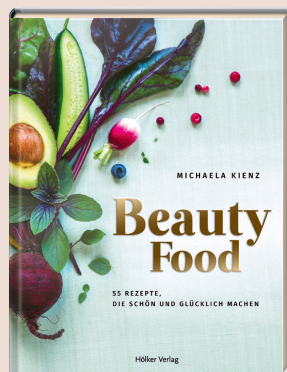
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# WE FIND INSPIRATION EVERYWHERE



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Hafenweg 30 · 48155 Münster · GERMANY  
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Contact

## Foreign Rights Department

**Kristina Wittkopf**

Foreign Rights Manager  
[wittkopf@coppenrath.de](mailto:wittkopf@coppenrath.de)  
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